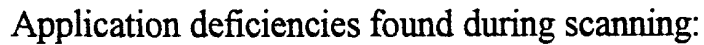


| Variable | Mean | Standard deviation | Minimum | Maximum |
|---------------------|------|--------------------|---------|---------|
| Age | 35.5 | 10.5 | 20 | 55 |
| Gender | 0.5 | 0.5 | 0 | 1 |
| Marital status | 0.5 | 0.5 | 0 | 1 |
| Education | 12.5 | 1.5 | 10 | 15 |
| Income | 15.5 | 5.5 | 10 | 25 |
| Health status | 0.5 | 0.5 | 0 | 1 |
| Smoking status | 0.5 | 0.5 | 0 | 1 |
| Alcohol consumption | 0.5 | 0.5 | 0 | 1 |
| Exercise frequency | 0.5 | 0.5 | 0 | 1 |
| Stress level | 0.5 | 0.5 | 0 | 1 |
| Sleep quality | 0.5 | 0.5 | 0 | 1 |
| Work satisfaction | 0.5 | 0.5 | 0 | 1 |
| Life satisfaction | 0.5 | 0.5 | 0 | 1 |
| Overall health | 0.5 | 0.5 | 0 | 1 |



❑ *Scanned copy is best available.*